

# Cuyah!



MARCH 2006 — Vol. 18

The Newsletter of the Jamaica Association of Northern California—[www.janc.org](http://www.janc.org)

## »NOTE FROM THE PRESIDENT

Dear Members and Friends of the Jamaican Community,

I am deeply honored to be President-Elect 2006. This year has taken off with a BANG! The new executive board has been rising to the challenges set forth by our elders. We have been meeting regularly to maintain JANC business, preparing documentation reflecting JANC's mission to promote the national culture of Jamaica in Northern California, meeting deadlines and making good decisions based on the common good of the JANC.

Easter Brunch is our most immediate event. It will take place on Sunday, April 16, 2006 from 12:00 - 3:00 pm at the Sailboat House on Lake Merritt in Oakland. This event's focus is providing a relaxing atmosphere for our members while preparing quality Jamaican cuisine. It is up to each one of us to spread the good word across the land. I am requesting that each member invite someone or sell one ticket for the Easter Brunch. Remember, all JANC events are fund-raisers. We need each member to help promote this event at work, school, and play. By spreading the news, we will be able to promote the fiscal growth of the organization.

Get in shape! CARNIVAL 2006 is almost here and our costumes are ready. Carnival will be held on May 28, 2006. JANC is working in conjunction with Sistas-Wit-Style from Trinidad & Tobago. Adonel Foyle from the San Francisco Warriors is one of our co-sponsors as well as CURVES. JANC needs record numbers to come out and support. The float this year will feature two grand marshals, Dora Dora the Explorer and Senator Barbara Lee.

After the carnival excitement you can slow down the pace and walk for a good cause. We will have our 1st Annual Walk-a-Thon co-sponsored with the Integrity Children's Fund (ICF). Funds raised by the Walk-a-Thon will support the JANC scholarship fund and provide funding for disadvantaged children and teacher development at ICF sponsored schools in Jamaica.

I thank you for all your support. Please continue to make an effort to participate in events throughout the year, support the businesses listed in our Caribbean Directory and last but certainly not least renew your membership dues; every bit counts. I hope to see you at our upcoming events and we will continue in our efforts to make this a productive year.

Walk Good!

**TWashington**

-Trina Washington, President, JANC

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## »2006 JANC Officers

### President

Trina Washington

### Vice President

Verna Patterson

### Treasurer

Peter McKenzie

### Secretary

Shani Carty

## Classic Jamaican Easter Brunch & Easter Egg Hunt

Sunday April 16th, 12 - 3 p.m., Sailboat House, 568 Bellevue Ave, Oakland. Food provided by Don Edwards Catering Service. Buy your tickets in ADVANCE! Tickets on sale online at [www.janc.org](http://www.janc.org) and at local outlets (see back page for details.)

# » 2006 Strategic Plan

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## Vision, Goals and Objectives

Overall: **Overall Goal for 2006: Foster the prosperity of the Association, the local Jamaican community and Jamaica**

1. Strengthen local Jamaican Network (includes Jamaican Community Building): (JN)

-Create specific opportunities for Jamaicans to network with each other

-Promote Jamaican Business Owners

-Continue to act as Northern California Jamaicans Census Bureau: Our roster should be a comprehensive directory of Jamaicans in Northern California and Friends of Jamaica who choose to associate.

-Continue Awareness & Outreach Effort: Calling All Jamaicans Campaign and Renewed Focus on all media avenues: radio, tv and newspaper to increase and maintain organization's visibility.

2. Expand Social Contribution Commitment: (SC)

-Establish Social Services for local Jamaicans

-Make charitable contributions to organizations in Jamaica

Become a resource for Jamaicans who are new to Northern California

3. Improve JANC's Fiscal Health: (FH)

-Raise 10,000 in 2006

Fundraising will include (Grants, Advertising & Sponsorship, Events)

-Increase percentage of Contributing Members

Everything JANC plans will fall under these three main categories.

## New Advertising Vehicles (FH & JN)

Expand Caribbean Business Directory to allow Business card Ad for additional cost

- Cost to advertise in the newsletter directory is \$25/year
- Cost to advertise in the online directory is \$25/year (Free for Members)
- Banner Advertising on JANC front page (\$40/mth, \$90/3mths, \$200/yr)
- Meeting Sponsorship (\$100) Business will be added to meeting agenda and included in all materials publicizing the event.
- Corporate Sponsorship (\$250.) Covers inclusion in all JANC printed material (event flyers, newsletters, playbills.)

## Fundraising through Sponsorship & Events (FH)

- Acquire sponsors for all major events to lower expenses and maximize profit.
- Create JANC Store, where business owners can sell their goods and services and a portion of the profit is donated to JANC.
- Take advantage of local government resources for non-profit & cultural organizations.
- Apply for private grants.
- EScript – www.escrip.com  
"Electronic Scrip Incorporated (ESI) is a California-based corporation dedicated to establishing relationships between commerce and community -- to provide resources to organizations and projects that support children. ESI introduced the eScrip program in 1999 and has distributed over \$120 million to schools and youth organizations across the country."

## Membership Committee (JN)

- Responsible for recruiting and maintaining contact with members.
- Continue Outreach. Outreach team members are located in major Northern California cities.
- Expand Contributing Membership Benefits (Discounts with membership card, Member Appreciation etc.)
- Contributing Members will get an automatic discount on all JANC events, activities & services.
- Dues: \$30 for Active Members (Jamaicans, Jamaican born, Jamaican descendant and spouses of Jamaicans) and \$25 for Associate Members (Friends of Jamaica or non Jamaicans) Associate members are not entitled to vote.
- Increase the # of Contributing Members.
- Increase member involvement (Sports Matches, Domino Tournament etc.)

## Jamaican Meet N Greet (JN)

- General Meeting, Networking Mixer & Social.
- Each Meet N Greet will have a business sponsor; this sponsor will cover the costs of the meeting and promote their business or service.
- Rotate Meet N Greets to other areas.

## Marketing Committee (JN)

- Responsible for publicizing the Association's events as well as chronicling its achievements.
- Submit press releases to all major local and international media channels to get mainstream focus on JANC events and projects.
- Three 8 page newsletters published per year to everyone on JANC roster
- Continue to place Calling All Jamaicans Info Cards at all local Caribbean establishments
- Archive Association's thirty year history

## Social Contributions Committee (SC)

- Create comprehensive database of every Tertiary level institution in Jamaica.
- Establish relationships with staff people in key universities.
- giving resources.

## Social Services for Local Jamaicans (SC)

- Re-establish JANC Emergency Fund.
- Create Northern California Jamaicans Survival Resource Guide.
- Guide will include information on local Caribbean resources as well links to information on housing, education and other services.

## Scholarship/Education Committee (SC)

- Create comprehensive database of every Tertiary level institution in Jamaica.
- Establish relationships with staff people in key universities.
- Update Scholarship Guidelines and materials.
- Increase the # of Scholarship Applicants and the # of Scholarship Awards.

## » NEWS FROM HOME

On March 30, 2006 Jamaica's 1st Female PM sworn in:  
Portia Simpson Miller

Source: Jamaica-Gleaner.com

Edited Article; For the full story, go to:

<http://www.jamaica-gleaner.com/gleaner/20060330/lead/lead1.html>

PORTIA SIMPSON Miller was officially sworn in as Jamaica's first female prime minister during a lavish ceremony held on the lawns of King's House.

Mrs. Simpson Miller succeeded P.J. Patterson, who has been Prime Minister for the past 14 years.

Mr. Patterson will handed in his resignation to Governor-General, Professor Kenneth Hall.

Among the 6,000 invited guests are regional leaders, Owen Arthur of Barbados, Dr. Ralph Gonsalves of St. Vincent and the Grenadines, Patrick Manning of Trinidad and Tobago, and Michael Missick, Chief Minister of the Turks and Caicos Islands. Also confirmed to attend were Nation of Islam head, Louis Farrakhan, and 14 members of the United States Congress led by Congressman Charles Rangel...

Source: Jamaica-Gleaner.com

Edited Article; For the full story, go to:

<http://www.jamaica-gleaner.com/gleaner/20060226/lead/lead6.html>

...Portia's Promises

Crime plan:

- To implement a comprehensive policy and legislative framework that will enable government to address public safety in a coordinated and focused manner;
- Implement a targeted integrated community-based crime reduction strategy designed to significantly

reduce crime, criminal activities and general lawlessness in the society;

- Implement a criminal statistical data system (CRISDAT) designed to facilitate strategic, operational and tactical crime management through technology and information management;
- Implement a comprehensive anti-drug strategy designed to reduce the supply and demand for illegal drugs and make the country less attractive as a transshipment point;
- Implement a comprehensive capacity strengthening plan to increase competency, physical infrastructure, welfare and performance of the security forces, and a comprehensive financing strategy, to fund developments in the crime plan.

Economic Plan:

- Encourage economic diversity by putting more focus on non- traditional sectors.
- Develop growth and developmental strategies for big and small businesses and the labour force.
- Put more focus on building human and social capital to develop the Jamaican people.
- Diversify agricultural products and increase land-holding to produce more food for export and encourage rural development.
- Employ more capital to build industries and create jobs.
- Ensure schools and training institutions provide better educational and training opportunities for youth.
- Encourage more private sector/ government partnerships to prepare businesses to compete in the global environment.

### 30th Anniversary Tribute to the JANC

Written by J. Diana Henry and Performed by C.2.K.: St. Catherine's "Kidz a Kulcha" at last year's 30th Anniversary Gala.



*My country men, and women,  
we salute you  
You make us proud  
To be Jamaicans!*

*Its a long way fram yard  
When yu deh abraad  
Its a lang lang way fram yard  
Fram de sea an de sun  
All yu fambly an de fun  
Is a lang lang way from yard*

*But unnu tan strang  
Tho yu deh anedda lan  
Unnu, come together, form  
association  
In de northern part, of the  
golden state  
Of the great U.S. of A.*

*Tho yu a lang lang way fram  
yard  
Fram de sea an de sun  
All yu fambly an de fun  
Is a lang lang way fram yard*

*Unnu lend a hand to dem odder  
one  
Back a yard fram abraad  
Far yu pocket it strong  
An yu na feget dat a weh yu  
come fram*

*(chorus)  
Is a lang lang way fram yard  
Fram de sea an de sun  
All yu fambly an de fun  
Is a lang lang way fram yard*

*Soh big up yuself for de 30 years  
An de many more that yu have in  
store  
Gwaan represent fe wi likkle islan  
Kip a piece a yard, ever present  
tho abraad*

*Repeat chorus*

*Soh nuh mek nuh baddy tell yu  
Seh yu second class  
Far yu know in yu heart  
you are number one! (Repeat)*

*First class tallawah jamaican!!!  
Tho yu a lang lang way fram yard  
Fram de sea an de sun  
All yu fambly an de fun  
Is a lang lang way fram yard*

# » CARIBBEAN BUSINESS DIRECTORY

## Arts & Entertainment

Anancy Books	Beresford Mclean	(408) 286-0726
Chaney Roots International Sound	Lucius Taylor	(510) 318-1535
Clique International	Errol Canegan	(707) 449-1440
Island Paradise Club	Tennyson Williams	(510) 865-3225
Jahworks.org	Laura Gardner	(510) 601-6569
LOL Sound Development	Shawn Lewis	(650) 703-6588
Opal Writes	Opal Palmer Adisa	(510) 383-9883
Wisdom Records	Javier Ibarra	(415) 841-1258
www.storitelamusic.com	Lasana Bandel	(415) 401-7555

## Auto Sale & Repair

Author's Automotive Body Repair	Author Moncrieffe	(510) 233-0916
Dodge Chrysler of Vacaville	Sydney De Rizzio	(210) 373-9514
Elite Auto Mall	Winston Nesbeth	(916) 849-4326
Watt Automotive	Donnavon Watt	(707) 544-8952

## Beauty, Clothing & Accessories

Hair in Motion by Vernice	Vernice	(510) 652-6247
Roosterfari T shirts	Shieka Blount	(415) 312-1934
Rose March: Mary Kay	Rose March	(408) 297-6173

## Business & Professional

BLINK!design	June Grant	(510) 326-2176
Levy Promotional Products	Shorron Levy	(510) 382-1400
LDS Communications Consulting	Lorna Schloss	(310) 358-5124
Patterson Systems	Harold C. Patterson	(650) 349-7783
Plantain Studio	Steve Jones	(510) 568-9945
Simple Creations	Verna Patterson	(650) 349-7922
Sting Consulting	Don Bucknor	(510) 204-9638
Tricia Allen Photography	Tricia Allen	(408) 528-8494
Yeh Man Signs	Eric Simms	(707) 553-1765

## Food & Dining

African Caribbean Food Market	Emeka	(510) 444-2841
Art's Jamaican Market	Arthur	(510) 652-2168
Back A Yard Catering	Robert Simpson	(650) 701-1305
Caribbean D'lyte Catering		(408) 927-5144
Caribbean Vibes	Wayne Forbes	(707) 452-9003
Franklin's Jamaican Style	Franklin or Joyce	(925) 689-5130
Happy Day Takeout Kitchen	Samuel Ola	(510) 444-7684
Island Boy Co	Tony Fraser	(707) 923-1272
Island Market	Suren Sellamuttu	(408) 287-0557
Jamaican Soul		(510) 704-4083
Mama Jamaica's Cafe		(209) 576-0110
Oriental Lucky Mart		(510) 452-1556
Pops Caribbean Catering	Fritz - Andrea	(925) 706-7409
Ribbit International	George Moore	(510) 536-0167
The Caribbean Cove	Judith Oloughlin	(510) 531-2303
West Indian Food Flavors	Donna Goodson	(510) 885-0344

### Jamaica Natural Graphics

[www.1mahadmahan.com](http://www.1mahadmahan.com)  
(510) 653-7469

### Bucknor Enterprises Don Bucknor

[www.stingconsulting.com](http://www.stingconsulting.com)  
(510) 827-5667

### Platinum Photographic Services Lurdys Gordon, Principal

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249 W. Jackson Street # 360  
Hayward, CA 94544

[www.CBTV1.com](http://www.CBTV1.com)

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TV Station**

*See Interviews, Videos, Sports,  
News and much more!*

# » CARIBBEAN BUSINESS DIRECTORY

## Govt & Community

Ingleside Presbyterian Church Elder L. Sam Hamilton (415) 587-4472  
 St. Paul A.M.E. Church Rev Sandra Blair (510) 848-2050

## Health & Medicine

Golden Touch Massage Nicholas A. G. Odum, L.c.a (510) 654-2541  
 Oral and Facial Surgery Center Newton C. Gordon, DDS, MS (415) 476-1316

## Home & Garden

Cerry's Sewer & Drain Cleaning Cerry (510) 812-2320  
 Chappie's Building Construction Michael Lewis (510) 638-4556  
 Delta Mattresses and Sofas David Bathea (707) 429-0123  
 Electrician Johnny Bundy (510) 932-6443  
 Mission Consignment Furniture Don Butschers (510) 247-0223  
 Partylite Candles Denise McCallaCreary (408) 268-2933

## Legal & Financial

Attorney at Law Karen Davis (510) 233-1011  
 Law Offices of Hermin Dowe Hermin Dowe (510) 558-1300  
 Midland National Newalow Weekes (916) 570-6007  
 Nigel Henry: Business Coach Nigel Henry (510) 282-2456  
 Primerica Financial Services Peter McKenzie (415) 559-4709  
 Renaissance Home & Mortgage Judith Welsh (408) 621-0627  
 The Tax Advisor Neville Reid (408) 666-9840  
 Traveling Notary service V.O. Ward (707) 447-2669  
 Windfall Financial Group Valrie Joy, MBA (415) 383-4042

## Real Estate & Travel

Cooyah Tours Travel Agency Melody Walters (916) 391-7930  
 Demanco Mortgage Services Sonja Johnson (510) 839-5300  
 Gateway Realty Valarie Thompson (707) 422-4511  
 Jamaican Travel Specialist Frances Peterson (510) 489-9552  
 Soul Sisters Tours Sara Price (408) 981-5817  
 Stever Realty Nadine Hopkins (707) 330-5214  
 United International Mortgage Bank Leo Gilling (951) 784-3863

## Business Owners!!

We are in the process of updating the Caribbean Business Directory. The directory is available on [www.janc.org](http://www.janc.org) and it is included in our quarterly newsletter. The JANC website averages 50,000 hits per month and we print 2,000 newsletters a year.

If you are a Caribbean business owner send your contact information via email to [ads@janc.org](mailto:ads@janc.org) or via mail to 360 Grand Avenue # 283, Oakland, CA 94610

Be sure to include (*where applicable*) your

- 1) Name
- 2) Business name
- 3) Business description
- 4) Mailing address
- 5) Phone number
- 6) Website
- 7) Email
- 9) Physical address

## Scholarship Thanks...

February 22, 2006

Dear JANC,

We just wanted to say thank you for your financial assistance it was greatly appreciated and needed. May God continue to bless and keep you as you continue to be a blessing in the lives of others.

-Tamika & Tamara Henry

## »Announcements

**The Health Issues Committee** is looking for Medical Doctors, Nutritionists, Social workers and Public Health professionals and volunteers for JANC's first health symposium. The symposium's purpose will be to identify health issues and concerns of the San Francisco Bay Area Caribbean Community and in doing so create public awareness of these issues. The JANC/Caribbean American Health Symposium will take place on June 24th, 2006, at 12 noon at Samuel Merritt College, Health Education Center, 400 Hawthorne St., Oakland, CA. in partnership with Alta Bates/Summit Medical Center Health Ministry and Bay Area Black United Fund. *Contact Loretta Green: 415-724-4118 or [healthissues@janc.org](mailto:healthissues@janc.org)*

**The Fashion Show Committee** needs Volunteer Models Hip Hop Dancers with prior training and Mature couples or Husband/Wife teams for the JANC & Merl Grove Alumni Association & JANC Fashion Show in September. *Contact: Denise McCallaCreary at 408-268-2933*

### **The Sam Sharpe Teachers College Reunion**

July 28 – July 30, 2006, Fort Lauderdale, FL  
Friday: Reception, Social, Karaoke and more  
Saturday: Picnic, competitions, games, contests  
Saturday: Grand Reunion Dinner and Dance  
Sunday: Church Service, Brunch and cocktail  
*If interested contact Leo Gilling @ [leogilling@sbcglobal.net](mailto:leogilling@sbcglobal.net)*

### **Walkathon Team Captains & Volunteers needed!**

JANC in conjunction with the Integrity Children's Fund (ICF) will be hosting a fundraising walkathon. The proceeds of the walkathon will go toward the JANC Scholarship Fund and schools supported by the ICF in Jamaica. The Goal is to raise \$25,000. Supporters are needed to help us reach this goal!

Walkers-Gather sponsors in order to raise \$200 or more  
Team Captains-Recruit a group of walkers to raise \$1000 or more. Business Owners-In kind or monetary sponsorship to offset the cost of the Walkathon. Volunteers-Help Coordinate and staff the Walkathon. Contact Barry Williams @ [walkathon@janc.org](mailto:walkathon@janc.org)

### **Students Wanted to Travel to Jamaica**

The Jamaican and American Students Associating through Cultural Awareness (JASAC) Youth Cultural Exchange Program is accepting applications for the summer 2006 Exchange program to Jamaica. This is a two week program that will take place in July 2006. The program is open to all Northern California students in grade 7-12, and college students up to age 20. The application deadline date is September 30, 2006.

*For application and more information: [www.jasac.net](http://www.jasac.net)  
Call (916) 478-2851 or email: [jasac1@comcast.net](mailto:jasac1@comcast.net)*

## JANC Wrist Bands are here!



JANC has partnered with Cuyah Designs of Vacaville to design and distribute Jamaica wristbands. A significant portion of the proceeds of all bands will go to JANC. Check [www.janc.org](http://www.janc.org) for more details on how to get your own 'Jamaica Irie,' 'One Love,' 'African Continent,' & 'Lion Head' Bands.

## SAVE THE DATE !!

April 16, 2006	Classic Jamaican Easter Brunch, Sailboat House, Lake Merritt, Oakland
April 22, 2006	UC Berkeley Festival of Cultures, UC Berkeley
May 28, 2006	JANC & Sistas wit Style at San Francisco Carnival, San Francisco
June 3, 2006	Calling All Jamaicans & Reggae Lovers, Caribbean City, Oakland
June 24, 2006	JANC/Caribbean American Health Symposium, Samuel Merritt College, Oakland
July 4, 2006	JANC Annual Fourth of July Picnic, Joaquin Miller Park, Oakland
TBA	JANC/ICF 1st Annual Walkathon , Location TBA

**Look out for more details on these and more upcoming events on our website @ [www.janc.org](http://www.janc.org)**

## »Resources Corner

### Senate Approves Lee Bill to Create Caribbean American Heritage Month

Press Release 2/14/2006

(Washington, DC) - The Senate this evening unanimously approved a bill authored by Congresswoman Barbara Lee (D-Oakland) to designate a national Caribbean-American Heritage month. The bill acknowledges and celebrates the contributions of Caribbean-Americans to the United States since the inception of the country.

"Establishing a Caribbean-American heritage month will help pay tribute to the tremendous contributions Caribbean-Americans have made throughout the history of this country," said Lee. "They have influenced every aspect of American culture, society and government. Their history is interwoven with ours and should be recognized and celebrated."

"I appreciate the bipartisan support of my colleagues in both the House and the Senate, especially Senator Schumer, in passing this measure, and I hope that President Bush will act quickly to designate June as national Caribbean-American month," said Lee.

Lee's bill (H. Con. Res. 71) was approved by the House on June 27, 2005 and had 81co-sponsors and support from more than 40 non-governmental organizations working on Caribbean-American issues.

Under Congress' rules established in the 104<sup>th</sup> Congress, only the President has the authority to designate a period for annual national recognition of a community or cause. Congress may express the opinion that there is cause for such recognition; H. Con. Res. 71 is an example of such an effort. Though the bill is non-binding, Lee plans to work with supporters to urge President Bush to follow Congress' lead by proclaiming June national Caribbean American Heritage month in time for official celebrations this summer.

As the most senior Democratic Woman on the House International Relations Committee, and a member of the Western Hemisphere Subcommittee, Lee has worked to strengthen U.S. - Caribbean relations and wanted to raise awareness about the role that Caribbean people and their descendents have played in the United States.

### JANC DUES RENEWAL CARD

\$30 - Active Membership (Jamaican)     \$25 - Associate Membership (Friend of Jamaica)     \$\_\_\_\_\_ Other Contribution

I am Jamaican - Parish: \_\_\_\_\_ I am a Friend of Jamaica - Country: \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address (Street) \_\_\_\_\_

Address (City, State, Zip) \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Are you a Business Owner? If so list your business name and contact information.

**Thank you for your contribution! We cannot operate without support from members of the community, like you, your dues is critical to the success of the organization. Complete, Clip and Mail this form along with a check made payable to JANC to 360 Grand Ave #283, Oakland, CA 94610. Dues payments can also be made online at <http://contribute.janc.org>**

## » MISSION STATEMENT

The Jamaica Association of Northern California (JANC) is a non-profit charitable organization that was established in 1975.

Our mission is to promote the national culture of Jamaica in Northern California and apply the collective energy, strength and resources of the community towards social and economic advancement in Jamaica.

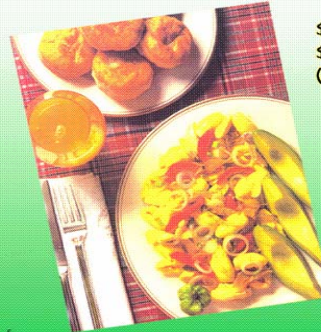
We are a unified body of people of common heritage working towards a more prosperous outcome for Jamaicans here in Northern California and back home in Jamaica.

The Association is non-political and non-sectarian.

The **Cuyah! Newsletter** is published by the Jamaica Association of Northern California  
360 Grand Avenue # 283, Oakland, CA 94610  
www.janc.org / 510.464.1300 / info@janc.org  
Current Issue: March 2006—Vol. 18

The Jamaica Association of Northern California  
invites you to a

# Classic JAMAICAN Easter Brunch + Easter Egg Hunt for Children



\$30 adults  
\$10 children  
(advance)

Sunday  
April 16<sup>th</sup> '06

12-3pm

Where:  
Sailboat House Overlooking Lake Merritt  
568 Bellevue Avenue, Oakland, CA  
Inside Lakeside Park

Enjoy Jamaican cuisine to music  
and a gorgeous lakeside view

Catering by:  
Don Edwards Catering Service (510) 439-6057

Buffet Menu:  
Ackee and Saltfish, Escovich, Liver, Festival, Plantains,  
Curry Chicken, Toast, Fruit, Coffee, Tea, Rum Raisin ice cream  
and more.....

**janc**  
Jamaica Association of Northern California

Info: 510/464-1300 or info@janc.org

# janc



Jamaica Association of Northern California  
360 Grand Avenue # 283, Oakland, CA 94610